



Family Meeting Topics

(1) Avoiding substance abuse, including tobacco, alcohol, and drugs, all of which negatively affect your health and well-being

(2) Understanding the growing-up process and how the body changes, and making responsible decisions dealing with sex* *(This conversation may take place with only one or both of your parents or guardians)*

(3) How your chores in requirement 3 contributed to your role in the family

(4) Personal and family finances

(5) A crisis situation within your family

(6) The effect of technology on your family

(7) Good etiquette and manners

Discussion of each of these subjects will very likely carry over to more than one family meeting.